



2022 YIP Outcome Summary Report

While youth-serving programs have made some progress in their recovery from the wide-ranging detrimental impacts of the ongoing COVID-19 pandemic, they continue to face challenges. Programs have improved in the area of providing in-person programming but many have not yet returned to pre-pandemic levels. Of major concern now is the increased difficulty of hiring and retaining youth work staff. This particular problem is being felt in all hiring organizations, not just youth-serving agencies. But we see these agencies continue to do everything in their power to adapt and adjust in order to ensure positive outcomes for the young people they serve. Their dedication and willingness to go above and beyond for the communities they serve is admirable.

What this year's survey results demonstrate across all measures is that YIP grant funding absolutely contributes to measurable differences in the lives of Minnesota's young people. Youth Intervention programs representing a diverse range of programs, and serving diverse populations, provide invaluable services and bring enormous value to our communities. The truth is, the need for their services only continues to increase with the ongoing stresses of COVID. In particular, we are facing a mental health crisis with our young people and the demand for services exceeds both available funding and staffing resources.

We are pleased to share this overall summary report with you so you can have a sense of how all YIP grant programs performed this year, collectively.

Since each program is unique and varies greatly in duration, intensity, purpose, and services offered, the Youth Intervention Programs (YIP) Outcome Survey intentionally focuses on a universal subset of 9 out of the 40 Developmental Assets®¹ identified by the Search Institute of Minnesota.

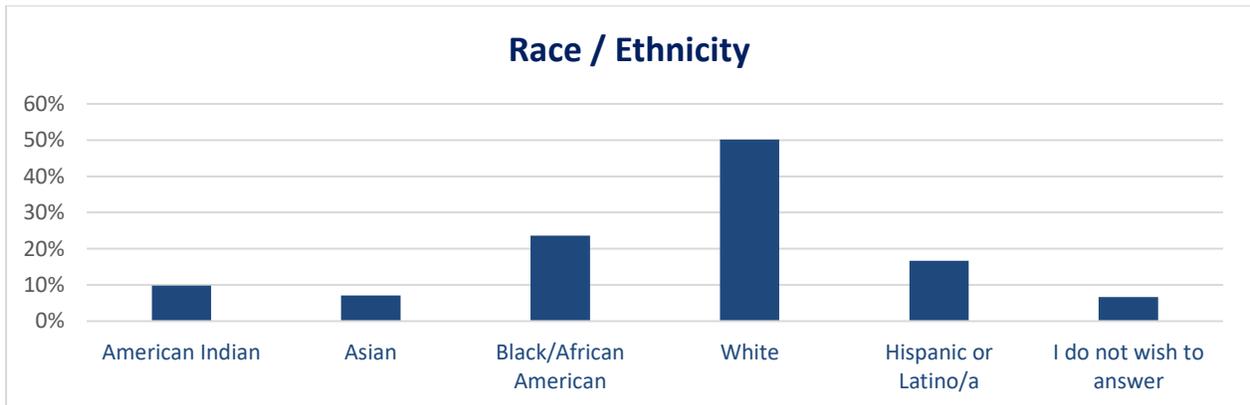
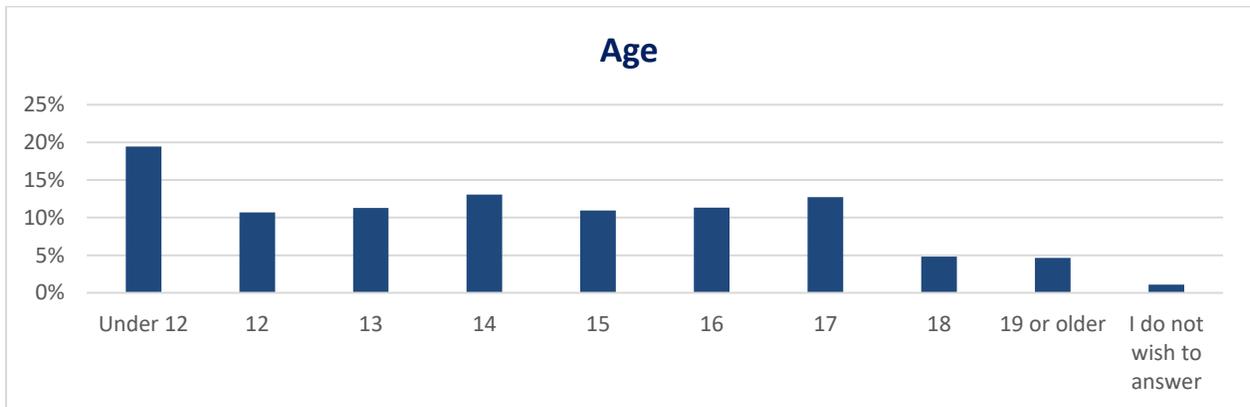
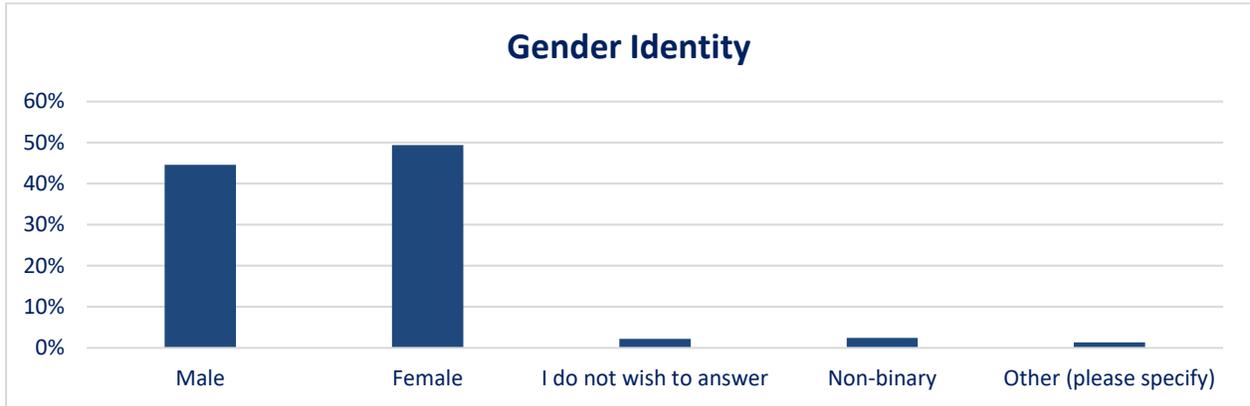
The survey collects young people's self-reported views on those protective factors. Extensive research has shown that when young people develop protective factors, also known as external supports and internal strengths, they are more likely to be prepared for success in ongoing education, career, and good citizenship. Over time, studies of more than 5 million young people consistently show that the more protective factors they have, the less likely they are to engage in a wide range of high-risk behaviors and the more likely they are to positively develop their unique skills and talents.

YIP grant funded Youth Intervention programs deliver on that objective as this report summary will demonstrate.

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Demographics

This year 2,356 young people chose to complete the YIP Outcome Survey compared to 2,102 for the previous year. The survey captures data in three key demographic categories and results are shown in the following graphs:



Outcomes

The following table indicates how program participants self-report relative to the nine protective factors that are universal across all types of Youth Intervention programs receiving YIP grant funding.

Research confirms that protective factors influence positive development which is why youth programs are intentional about increasing these factors in young people.

Program participants may change from year to year so it is not possible to show a trend in terms of these responses. But as the survey responses indicate, YIP funded programs continue to show effectiveness in asset building for young people.

The top response this year is “Helped me plan ahead and make good choices” which nearly 67% of young people reported. Always good to see these results confirm Youth Intervention program outcomes are setting young people up for success.

Total Respondents: 2,284

My involvement in this program has:	Responses
Given me positive adult role models.	56.87%
Helped me accept and take personal responsibility for my actions.	60.07%
Made me optimistic about my personal future.	51.31%
Helped me plan ahead and make good choices.	66.90%
Helped me resist negative peer pressure and dangerous situations.	50.92%
Helped me see that my life has purpose.	49.78%
Helped me be a better friend.	51.84%
Shown me that adults in my life want me to do well.	56.00%
Helped me develop friends who play a positive role in my life.	51.75%
I do not wish to answer.	11.65%

In Their Own Words

The final question on the survey offers young people the opportunity to share something about themselves that they are proud of as a result of their involvement in a Youth Intervention program. This year, a total of 1,739 young people chose to share what they were personally proud of. That was fully 74% of all survey respondents taking the extra step to name something personal, up from 70% last year.

Here is a very small sample that represents the best of what those young people are proud of because Youth Intervention programs were there for them:

- ♥ I am finally talking about my life, I am learning to trust.
- ♥ It's made me want to volunteer.
- ♥ I think this has created good momentum from me coming back from the days I would miss school. This has given me a better mindset and like more control over things.
- ♥ Something I am proud of myself is that I was able to step out of my comfort and explore who I want to be heading towards the future.
- ♥ I have uncovered my negative core belief system that has been driving me to make irrational decisions. I have enhanced my relationships with other due to logical reasoning. Due to these transitions I have felt and increase in my quality of life.
- ♥ I am going to graduate!
- ♥ My relationships with Adults/Authority Figures is much better.
- ♥ I have grown into a strong independent person. I have learned how to handle hard and stressful life situations.
- ♥ I am proud that I can try new things and not be scared about them.
- ♥ Finished my goals after a tough year in covid.
- ♥ Making friends. Meeting Police Officers.
- ♥ I feel seen and accepted. Our teachers are cool and respect our desired names and pronouns. Having teachers who are part of the LGBTQ+ community makes us feel seen and accepted.
- ♥ I care now!

Thank You

We are honored to support your success in delivering these outcomes for the young people of Minnesota. We cannot thank you enough for the dedication and determination you bring to your work, particularly in these most challenging times. It gives us hope for the future to know there are so many people like you, working every day to make the world just a bit better. And to know that our young people are so well cared for and supported by your unfailing service.

With our sincere appreciation,

Your friends at YIPA